

Jungletour 2013

Participant's handbook

(Practical information)

How the Jungle tour works

Each daily schedule (time and place of departure for the day's stage, plans for meals and accommodation, the different rendez-vous points during the stage etc) is shown in the document "Jungle tour 2013 – Programme".

It is possible to do the journey by car (in which case, you should indicate on your registration form how many people you can take in your car) or by train and then meet up with the cyclists at the different overnight stops.

Accommodation will be provided by the local voluntary groups, either in people's homes or in available premises such as a gym, or, in the case of Canterbury, in a youth hostel(about £25/32€ for 2 nights). Remember to bring a sleeping bag and mat or mattress.

Depending on the stage, meals will be prepared by the local voluntary groups (often in the evening), or the participants will have to organize food themselves (in general, for lunch). Plan on between £4-£8 /5-10€ a day for meals, either for the shared purchase of a picnic or as a contribution to the meals prepared by the local groups.

How to meet up with the Jungle tour

At each stage, it is possible to join the Jungle tour at the indicated departure point, usually at 10 a.m., at the local Town Hall, but you should check the programme. If you wish to join us the evening before, call the contact name for that locality (details on the programme) who will advise you on how and where to find us.

For cyclists

The stages are about 40 km/ 25 miles on average, which is achievable for someone in average physical condition. The route has been tested in advance, and will be on minor roads at a leisurely pace. A backup car will accompany the group and carry some, but not all, of cyclists' gear. So, travel light!

Recommendations :

- ◆ *Make sure that your bike is in good working order, in particular that the tyres are properly inflated and the brakes work. Also, even though the stages take place in daylight, you ought to have working lights, either on a dynamo or batteries. Don't forget your repair kit (pump, spare inner tube, repair patches, glue etc.)*
- ◆ *Wearing a fluorescent jacket and a cycling helmet is advisable.*
- ◆ *Each participant is responsible for their own bike and baggage. You should preferably have a good bike lock, if possible with a hoop.*

- ♦ *Insurance: civil liability is most often covered by your home insurance or sports licence (check the date of validity). **The organizers decline all responsibility in the event of any accident or problem.***
- ♦ *Each cyclist is responsible for transporting their own baggage(spare clothes, sleeping bag, mattress etc.)*

For those who prefer to take the train: *Please make this clear on your registration form!*

Some practical information/ ticket prices and journey times:

- ♦ *Stage 1: The site of the Louvres-Lens Museum is situated 1.5 km/ 1 mile from Lens Station. A shuttle bus is available.*
Lille-Lens: From 40 min to 1 ¼ hours (39km/ 25 miles) 6.6€-13.7€
Calais-Lens: From 1 ¾ to 2 ½ hours for 15.30€ to 22.40€
- ♦ *Stage 2: Angres to Norrent-Fontes*
Angres is 5km/3 miles from Lens Station.
To reach Norrent-Fontes from Lens: 31 min for 7.60€ to Isbergues Station which is 7.5km /4.5 miles from Norrent-Fontes.
- ♦ *Stage 3: Norrent-Fontes to Bailleul*
From Isbergues to Bailleul: 30min to 2h17min. Bailleul is 1 km/ ½ mile from the town centre.
- ♦ *Stage 4: Bailleul to Grande Synthe : Bailleul to Dunkirk in 43 min for 9.20€-10.20€. Dunkirk Station is 8.8 km/5.5 miles from Grande Synthe (Emmaüs)*
- ♦ *Stage 5: Grande-Synthe: 2 minibuses will be available for visits and activities.*
- ♦ *Stage 6: Grande-Synthe to Calais: the journey can be made by minibus*

When the station is too far from the meeting point, as in Norrent-Fontes or Grande Synthe, let us know your arrival time in advance by phoning the local organizer for that stage (contact details in the programme) so that you can be picked up.

The Dover to Canterbury/ Canterbury to Dover stages

- ♦ *So as to avoid the cost of the two stages in the UK being an obstacle, we have received grants from groups like Secours Catholique, or Amnesty International (for its members). They will allow us to pay a part of the costs of those who decide to take the ferry and stay in Canterbury.*
- ♦ *Due to the constraints of booking the Youth Hostel in Canterbury, we need to know rapidly if you wish to take part in these two stages.*

- ◆ *For participants from non-UK European countries, you should have a European health card and make sure your personal insurance covers travel to the UK.*
- ◆ *Remember to have some Sterling currency (exchange available on the ferry). You can use cash points to take out money or you can pay by bankcard (small commission)*

Ferry crossing from Calais to Dover (or Dover to Calais)

- ◆ *Don't forget your valid travel documents*
- ◆ *Cost of crossing (as of 5th June): car+ 5 passengers on DFDS (special offer for under two days): 44€/£27.50 (Calais-Dover-Calais)*
- ◆ *Cost for a cyclist?*
- ◆ *N.B.Prices are extremely variable and unpredictable. Make comparisons between special offers. More expensive on the day of departure.*
- ◆ *You have to be at the harbour checkpoint 45 min before departure.*
- ◆ *British time is one hour behind continental time.*
- ◆ *The crossing takes 1 ½ hours.*
- ◆ *A group of organizers will be taking the DFDS ferry on Friday 12th July : Depart Calais 1.30p.m. (French time)*
Arrive Dover 2 p.m. (British time)
And returning on Sunday 14th July:
Depart Dover: 2.45 p.m. (British time)
Arrive Calais: 5.15 p.m. (French time)

On arrival in Dover on the ferry

- ◆ *A meeting time and place for the departure from Dover to Canterbury will be given.*

- ♦ *For those who can't arrive on Friday, it is possible to join us in Canterbury on Saturday 13th.*
- ♦ *If you are on foot, you can either:*
 - *Take a National Express coach from Dover Docks to Canterbury: £5.50(7€) single. The coach stop is just outside the terminal on the right;*
 - *By train; Take the shuttle bus from the docks to Dover Priory Station (£2 (2€50)); the train fare to Canterbury, in which you can take a bike for free, is £7.80(10€). These are single fares.*
- ♦ *Cyclists and walkers will receive route directions.*

Canterbury

- ♦ *The meeting point in Canterbury will be the Youth Hostel. The time will be announced later. Phone the local organizer. (see programme)*

Get your programme!

It will be sent out to all registered participants and will appear on the website:

<http://www.jungletour.sitew.com>